



Kara Walley – Team Leader  
Our Health 5-19  
Public Health Advisory Service  
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Dear Parents/Guardians of Year 10 pupils

The Our Health 5-19 Service (formerly School Nursing Team) will be offering your son/daughter an opportunity to participate in a review of their health needs in this academic year.

It is recognised that as part of the Healthy Child Programme (DoH 2009) children's and young people's health needs are assessed at key transition points. Increasing independence and the leaving school years are seen as a vital time to re-address any health concerns and signpost young people to services within the area that can support their health and wellbeing. Additionally, this is an opportunity to empower young people to take responsibility for their health in readiness for adulthood.

In the coming weeks, School Nurses will be attending your son/daughters school and asking them to complete a questionnaire about their health and wellbeing. Following this, each pupil will be offered a face to face consultation with the School Nurse who will offer support, guidance and signposting to services for their adult years.

The process is voluntary and young people may opt out if they do not wish to participate. If you have any questions regarding this event please do not hesitate to contact us at the Our Health 5-19 Hub on the telephone number above.

Kind Regards

A handwritten signature in black ink that reads "Kara Walley".

Kara Walley  
Team Leader – Public Health Advisory Service  
Our Health 5-19