

# TRENTHAM HIGH SCHOOL

A CO-OPERATIVE TRUST COLLEGE



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Thursday, 21 April 2016

Dear Parent/Carer,

We are pleased to inform you that today we will be holding a SPARK (Social and Personal Attitudes to Responsibility and Knowledge) Day. This is the fifth day of the six days this year in which we will cover various personal, social, health, citizenship and enterprise activities. We know you may like to discuss these issues with your child when they come home and so below are details of what the students are covering. As a result the school timetable has been collapsed for this day only and the students will take part in the following activities:

## Year 7

Year 7 students will be focusing on a number of different topics including making the most of careers information, democracy and dictatorship, bullying and feelings & emotions. The students will also have a lesson on the dangers of sexual exploitation. This lesson is appropriate for year 7 students.

## Year 8

Year 8 students will be having a lesson on making the most of careers information, E-safety, First aid, Emotion Coaching and bullying.

## Year 9

Year 9 students will learn about how to investigate jobs & the labour market, homelessness awareness, revision skills and drug awareness. The students will also have a lesson from MIND covering mental health. This lesson is appropriate for the age group.

## Year 10

Year 10 students are either taking part in the tenner challenge where they will plan a business with a start-up of £10 or they will be taking part in a STEM challenge which is science and technology.



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## Year 11

Year 11 students will have a two sessions where they can revise for their forthcoming exams and also be informed of the exam rules. They will have a lesson on first aid (bandaging) and another on relaxation. We are also very pleased to welcome BLESMA Community Project. BLESMA are armed service veterans who have lost limbs; they are coming in to do a motivational workshop.

The usual high standards regarding dress and behaviour are expected.  
If you have any questions, please contact the school.

Yours sincerely,

Miss J Gibson  
PSHE Coordinator

